



# YMCA SWIM LESSONS

Kishwaukee Family YMCA

**Session Dates:**

Fall 1: September 21–November 7

Fall 2: November 9–December 19



SAFE & HEALTHY ENVIRONMENT



SMALL CLASS SIZE



CARING & QUALIFIED INSTRUCTORS



PROGRESSIVE CURRICULUM



POSITIVE FAMILY ENVIRONMENT

|           |                 | Parent/Child Swim Lessons<br>(Age 6 mo- 3 years) |         | Preschool Swim Lessons<br>(Age 3-5 years) |         |         |         | School Age Swim Lessons<br>(Age 6-12 years) |         |         |         |         |         |
|-----------|-----------------|--|---------|---|---------|---------|---------|---|---------|---------|---------|---------|---------|
|           |                 | Stage A  | Stage B | Stage 1                                   | Stage 2 | Stage 3 | Stage 4 | Stage 1                                     | Stage 2 | Stage 3 | Stage 4 | Stage 5 | Stage 6 |
| Monday    | 4:00pm-4:40pm   |  |         |   |         |         |         |   |         |         |         | x       |         |
|           | 5:00pm-5:40pm   |  |         |   |         |         |         |   |         |         |         |         | x       |
| Tuesday   | 8:00am-8:40am   |  |         |   |         |         |         |   |         |         |         |         |         |
|           | 3:00pm-3:40pm   |  |         | x   |         |         |         | x   |         |         |         |         |         |
|           | 4:00pm-4:40pm   |  |         |   | x       |         |         |   | x       |         |         |         |         |
|           | 5:00pm-5:40pm   |  |         |   |         |         |         |   |         | x       | x       |         |         |
| Wednesday | 3:00pm-3:40pm   |  |         |   |         | x       |         |   |         |         |         |         |         |
|           | 4:00pm-4:40pm   |  |         |   |         |         | x       |   |         |         |         |         |         |
| Thursday  | 4:00pm-4:40pm   |  |         | x   |         |         |         |   |         |         |         |         |         |
|           | 5:00pm-5:40pm   |  |         |   |         |         |         |   |         | x       |         |         |         |
| Saturday  | 9:00am-9:40am   | x  |         |   | x       |         |         |   |         |         |         |         |         |
|           | 10:00am-10:40am |  | x       |   |         | x       |         |   |         |         |         |         |         |
|           | 11:00am-11:40am |  |         |   |         |         |         |   |         |         | x       |         |         |

**Parent/Child Swim Lessons**

Family Membership Fee: Free  
 Member Fee: \$20  
 Program Participant Fee: \$32

**Preschool and School Age Swim Lessons**

Family Membership Fee: \$24  
 Member Fee: \$65  
 Program Participant Fee: \$110

**EXCLUSIVE DISCOUNTS FOR FAMILY MEMBERSHIPS!**

**Kishwaukee Family YMCA**

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