



# QUICK GUIDE – FAQ

## Preschool 2020-2021

**Kishwaukee Family YMCA  
Preschool  
2500 W Bethany Rd  
Sycamore, IL 60178**

**YMCA Main Phone:  
815-756-9577**

**Child Care Coordinator:  
815-375-5406**

**Are masks going to be required at preschool?**



**In an effort to help slow the spread of communicable illness  
Preschool, masks will be required for staff and preschoolers.**

- Staff will be required to wear a mask or cloth facial covering during preschool when 6' social distancing is not possible
- Preschoolers will be required to bring a mask or cloth facial covering to preschool each day.
- Masks should be worn when arriving and departing from preschool.
- Masks will be worn during indoor activities, and in outdoor activities where adequate social distancing is not feasible (e.g., passing another group in the hall, using the restrooms)
- Masks will not be worn during snack
- Reusable masks should be cleaned and disinfected daily.
- Please contact the Child Care Coordinator for special circumstances

## Drop-Off & Pick-Up Procedures



**Drop-off and Pick-Up will take place outside of the preschool classrooms.**

Prior to Drop-Off:

- Parents and children will have their temperature taken and note if it is above or below 100.4 degrees (actual temperatures will not be recorded) and health screening questions will be asked
- Children should wash their hands before heading to their preschool classroom

During Drop-off:

- Parents and children are encouraged to maintain a 6' distance while in common areas with their masks on

Prior to Pick-Up:

- Parents reentering the YMCA will have their temperature taken and note if it is above or below 100.4 degrees (actual temperatures will not be recorded) and health screening questions will be asked

During Pick-up:

- Parents and children are encouraged to maintain a 6' distance while in common areas with their masks on

## Special Arrangements



In the event a preschooler will be arriving late or leaving early, special arrangements **MUST** be made with the Preschool Teacher. If special arrangements are not made, the preschool may not be able to attend school that day.

## Illness and Exclusion while at Preschool



Daily health screenings will be a must this year for preschool. Preschoolers and Staff are expected to arrive 'fit for preschool'.

**Parents should keep preschooler home who are showing signs or symptoms of illness.**

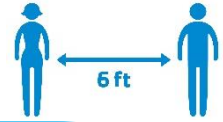
Preschoolers and staff demonstrating signs of or symptoms of communicable illness should be reported to the Child Care Coordinator.

**Upon arrival to preschool each day, staff and preschoolers will:**

- Be screened through health questionnaire
- Have temperature taken and noted if it is above or below 100.4 degrees prior to joining groups
  - Anyone with a temperature of 100.4 or higher will not be allowed to stay for preschool.
  - Preschoolers and staff will be excluded from program until they have been fever-free, without the aid of fever reducing medications, for 72 hours.

If a preschooler or staff are found to be unwell or sick during the day, they will be sent home until they are well enough to return. Staff are trained to report sick preschoolers to the Child Care Coordinator if they are suspicious of an illness sooner rather than later. Preschoolers exhibiting a fever of 100.4 or higher will be escorted to an isolation area until parents arrive to pick-up.

# Prevention Protocols



**Preschool will adopt a variety of strategies from CDC and DeKalb County Health Department guidelines to help create a healthy environment for our preschoolers and staff.**

## Hand Washing

Handwashing is one of the best ways to keep our Preschool safe from communicable illnesses. We have trained our staff about hand washing and hand hygiene. We can help prevent the spread of illness by frequently washing your hands with soap and water for at least 20 seconds. Hand sanitizer will be readily available in rare areas where soap and water are not available.

Staff will lead by example with hand washing:

- Prior to drop-off
- After using the restroom
- Before eating
- After using such items as sports equipment, craft supplies, etc.
- After blowing nose, sneezing, or coughing
- Any times hands are excessively dirty

## Social Distancing

- Group will not be mixed/intermingling
- Reduced ratios of only 12 for the 2's and 15 for the rest of the groups
- Staff will remind preschoolers to remain at least 6ft. apart during carpet time and table activities
- Activities planned will not require close physical contact between multiple children
- Staff will model proper social distancing protocols

## Activities

- Music and Movement will take place in the classroom
- Sports will take place in the Basketball Gym if available
- Snack will be served by staff

## What should I bring to preschool?



**We suggest preschoolers bring a backpack to carry their belongings in.**

**Must have and be labeled with the preschooler's name:**

- Mask or cloth facial covering
- Refillable water bottle (water fountains will not be available, bottle fillers will)

**Supplies**

- Prior to the start of the school year, you will receive a supplies list
- Each child will use their own supplies for the duration of the school year
- Please label all materials

At preschool, we learn through play and exploration. Ensure your preschooler is dressed appropriately for the weather each day, and clothes they don't mind getting dirty.

## What should I leave at home?



**Personal items such as electronics, toys, and blankets are not allowed at preschool.**