

**VAC Summer Meals Even Week Menu 2021**

Week 2 (June 7), Week 4 (June 21), Week 6 (July 5), Week 8 (July 19), Week 10 (August 2),  
Week 12 (August 16)

**Breakfast****Lunch**

Monday	Cereal Diced Peaches Milk	¾ c ½ c 8 oz	Grilled Chicken Strips Shredded Cheese Potato Salad Diced Pears Pita Pocket Ranch Dressing pk Chocolate Milk	2 oz 1 oz ¼ c ½ c 2 pc.: 2 oz 1 pk 8 oz
Tuesday	Blueberry Muffin Fruit Cocktail Chocolate Milk	2 oz ½ c 8 oz	Deli Chicken American Cheese Coleslaw Strawberry Applesauce Club Roll Mayo Milk	2.66 oz 2 sl: 1 oz ¼ c ½ c 1 pc: 2 oz 1 pk 8 oz
Wednesday	English Muffin Jelly Pineapple Milk	½ pc: 1 oz 1 oz ½ c 8 oz	Turkey Bologna American Cheese Celery Sticks Ranch Cup Mandarin Oranges Whole Grain Bread Mayo Chocolate Milk	2.025 oz 2 sl: 1 oz ¼ c 1 oz ½ c 2 sl: 2 oz 1 pk 8 oz
Thursday	Banana Bread Cinnamon Applesauce Chocolate Milk	2 oz ½ c 8 oz	Pepperoni Shredded Mozzarella Marinara Sauce cup Cucumbers Ranch Cup Diced Peaches Pizza Pita Milk	9 slices: ½ oz 1.5 oz 1 oz ¼ c 1 oz ½ c 1 pc: 2 oz 8 oz
Friday	Pop Tart Tropical Fruit Milk	1 pk: 104g ½ c 8 oz	Turkey or Assorted Meat Swiss Cheese Carrots Ranch Cup Juice Box Whole Grain Bread Mayo Cookie Chocolate Milk	2.33 oz 2 sl: 1 oz ¼ c 1 oz 4 oz 2 sl: 2 oz 1 pk 1 pc 8 oz

\*Menu Subject to Change\*