



2016

Voluntary Action Center's Summer Food Service Program Menu

Week One (May 23rd), Three (June 6th), Five (June 20th), Seven (July 4th), Nine (July 18th), Eleven (August 1st), Thirteen (August 15th)				Week Two (May30th), Four (June 13th), Six (July 27th), Eight (July11th), Ten (July 25th), Twelve (August 8th), Fourteen (August 22nd)		
	Breakfast/AM Snack	Lunch	PM Snack	Breakfast/AM Snack	Lunch	PM Snack
Monday	Wheat Cracker Hard Boiled Egg Fruit Cocktail Milk	Grilled Chicken Strips Shredded Cheese Barbeque Tortilla Broccoli w/ Dip Fresh Orange Chocolate Milk	Cheese Sandwich Crackers Diced Peaches Bottled Water	Cereal Fresh Orange Milk	Soy Butter & Jelly on Whole Grain Bread Potato Salad Diced Peaches & Cottage Cheese Chocolate Milk	Teddy Grahams Sliced Pears Bottled Water
Tuesday	Mini Bagel Cream Cheese Applesauce Chocolate Milk	Genoa Salami Swiss Cheese Mustard Kaiser Roll Celery Sticks w/Dip Diced Pears Milk	Pretzels Tropical Fruit Bottled Water	Blueberry Muffin Yogurt Fresh Apple Chocolate Milk	Grilled Chicken Strips Shredded Cheese Mayo French Roll Carrot Sticks w/ Hummus Tropical Fruit Milk	Breadsticks Apricot Halves Bottled Water
Wednesday	English Muffin Jelly Banana Milk	Tuna Salad Whole Grain Bread String Cheese Macaroni Salad Fresh Apple Fruit Juice Chocolate Milk	Graham Crackers Applesauce Bottled Water	Mini Bagel Cream Cheese Pineapple Milk	Turkey Bologna American Cheese Mayo Whole Grain Bread Coleslaw Fresh Banana Chocolate Milk	Animal Crackers Mandarin Oranges Bottled Water
Thursday	Banana Bread Fresh Pear Chocolate Milk	Pepperoni Mozzarella Cheese Marinara Sauce Pita Carrot Sticks w/Dip Mandarin Oranges Milk	Goldfish Crackers Fruit Cocktail Bottled Water	English Muffin Jelly Cinnamon Applesauce Chocolate Milk	Pepperoni Shredded Mozzarella Pizza Sauce Pita Cucumbers w/ Dip Fruit Cocktail Milk	Tortilla Chips Salsa Cinnamon Applesauce Bottled Water
Friday	Cereal Tropical Fruit Milk	Assorted Meat Cheese Mayo or Mustard Whole Grain Bread Coleslaw Fruit Cup or Juice Cookie Chocolate Milk	Vanilla Wafers Pineapple Bottled Water	Pop Tart Sliced Peaches Milk	Assorted Meat Cheese Mayo or Mustard Whole Grain Bread Celery Sticks W/ Dip Fruit Cup or Juice Cookie Chocolate Milk	Cheese Ritz Bits Diced Peaches Bottled

Menus Subject to Change Without Nottice